

# Investigating the effect of nature-related sounds and images on the mood of adolescents



University of  
**Reading**

Ethics ID: 2021-073-SC

## We are looking for young people to take part in our project:



- Are you 13-17 years old?
- Can you understand and speak fluent English?
- Do you have access to internet and a digital device?

Taking part involves completing a few questionnaires about mood as well as listening to nature-related sounds and viewing nature-related images (access via the link below) or scan the QR code above.

[https://henley.eu.qualtrics.com/jfe/form/SV\\_eKaQjEf2H3Vqw9U](https://henley.eu.qualtrics.com/jfe/form/SV_eKaQjEf2H3Vqw9U)

This study has received ethical approval by the University of Reading Research Ethics Committee, project 21-06-2021, end date 01-09-2021

If you have any questions or want find out more information please contact Jasmiina Ryyanen.

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